

Residency (Post-Doctoral Fellowship)

Child Emphasis Positions

TRAINING GOALS AND OBJECTIVES

RESIDENCY CURRICULUM AND TRAINING ACTIVITIES

The Residency accomplishes the above training goals through various training activities, which are described below.

Clinical Child Psychology In this area, the Resident will have a wide range of clinical experiences with children and families. Residents will have the opportunity to provide evidence-based treatment interventions with children who have been traumatized, children and adolescents with sexual behavior problems, and infants and children from substance abusing families. The Resident will be encouraged to develop their own research projects, participate in writing grant applications, and submit manuscripts for publication.

Child Psychology Assessment Clinic (3 months) This clinic will provide training in conducting comprehensive psychological evaluations, including report writing and feedback. This clinic serves children and adolescents between the ages of 5-18 years who are referred for psychological testing to assist in diagnosis, treatment planning, and educational planning. The types of evaluations vary, but typically include concerns about emotional and behavioral disorders, ADHD, learning disorders, autism spectrum disorder, and occasionally other forms of more severe psychopathology.

Psychotherapy Clinic (6 months) this clinic will provide training in conducting psychotherapy with children and adolescents primarily using cognitive behavioral therapy and psychodynamic. The resident will have an opportunity to use play therapy as a treatment modality.

Children and Adolescents with Problematic Sexual Behavior Clinic (6 months) Residents will gain training in assessment and intervention for children who have displayed problematic sexual behavior or illegal sexual behavior. While sexual exploration and play are a natural part of childhood sexual development, some children's sexual behavior indicates more than harmless curiosity and requires specialized intervention.

When sexual behaviors pose a risk to the safety or well-being of the child and other children, it is imperative for families and communities to step in and intervene through proper identification, support, treatment, and intervention.

Desert Sage Resource Center utilizes the Youth with Sexual Behavior Problems (YSBP) Program evidence-based treatment model for Problematic Sexual Behavior.

About the program:

- Offered to school-age children (ages 7-12, approximately) and tailored to fit their needs
- Includes individual sessions for child and caregiver as well as joint caregiver-child sessions
- Requires active involvement of parents or other caregivers
- Short-term outpatient community-based program
- Services provided by licensed mental health clinicians
- Accepting referrals from a variety of community partners, e.g., child protective services, schools, community providers, and families themselves

Ages 7-12 years

Approximately sixteen 60–90-minute weekly sessions, for child and caregiver to address:

- Supervision and safety
- Parenting strategies
- Rules about sexual behavior and boundaries
- Affective and cognitive coping skills
- Self-control strategies
- Social skills
- Abuse prevention
- Sexual education
- Empathy and impact of behavior on others

Graduation from the program is based on child and caregiver's progress in improved behavior and skills

Ages 3-7 years

Consultative services are currently available for this age range

Minor rotation

Parent Child Interaction Therapy (PCIT) Residents can conduct treatment for children with disruptive behavior. Our primary treatment model is Parent-Child Interaction Therapy (PCIT), which is an empirically based behavioral management program developed primarily for young children (2-6:11 years) with externalizing behavior problems.

Forensic Services Clinic in the Forensic Services Clinic, residents participate in forensic evaluation and consultation services to courts, attorneys, and public and private agencies on issues in which children and families are involved in the legal system (divorce, custody, abuse, access, guardianship, adoption, domestic violence, child welfare, delinquency, risk assessment,

etc.). Residents conduct evaluations and produce reports for the Family Courts and Juvenile Courts across Nevada, including opportunities to testify in these courts.

Child Psychology Didactic

Clinical Assessment

- Suicide & Non-Suicidal Self Injury
- Safety Planning and Documentation
- Abuse and Neglect
- Bullying
- Trauma & Foster Care
- Reactive Attachment Disorder & Differential Diagnosis
- Bilingual Assessment Therapeutic Assessment

Intervention

- Dialectical Behavioral Therapy for Adolescents & Families
- TF-CBT
- Trauma & Foster Care Challenges in Family Therapy
- Increasing Children's Perceived Sense of Control
- Epilepsy & Non-Epileptic Seizures
- Play Therapy
- Sleep, Sleep Disorders, and Interventions
- Feeding Disorders and ARFID
- Managing High-Risk Sexual/Problematic Sexual Behaviors
- Telehealth Service Delivery

Consultation

- Psychology in the School System
- Pediatric Primary Care

Professional Development

- Transitioning from Intern to Fellow
- Navigating the Nevada Board: Getting Involved in Legislature and Advocacy
- Overview of the Licensure Process EPPP Preparation
- Finding a Job/Preparing a CV and Cover Letters
- Negotiating Job Offers Board Certification Leadership in Psychology
- Early Career Financial Issues

Individual and Cultural Diversity

• Working with LGBTQ # Youth

- Therapeutic Care for Transgender and Gender Diverse Patients
- Family Law
- Education Law: Providing support to Students with Disabilities
- Cultural Considerations for Working with Caregivers of Infants and Young Children
- Integrating Spiritual and Religious Competencies into Clinical Practice
- Diversity Roundtable Series

Ethical and Legal Standards

- Social Media: Personal and Professional Roles
- When Psychologists Disagree
- Common Consults for Ethics Committees
- Ethics Roundtable Series

Supervision Seminar occurs on a weekly basis and is led by Dr. McNaul. This seminar is the mechanism for the provision of formal supervision for both Residents. During formal supervision sessions, Residents will not only have an opportunity to discuss their current case load, but they will also be given an opportunity to discuss a variety of professional issues as they arise during the Residency year.